

Volume 34, No. 3

February 2015

Superintendent's Message

Public education truly has the opportunity to be the great equalizer in our society. Most of us know of people who have benefited from their public school education either by going on to college or by mastering a trade. Public schools can truly provide access and opportunity to young people who otherwise might have little hope for choices and experiences. Witnessing the accomplishments of our students makes it hard to understand the outcry from our political and education leaders who claim that schools are failing, our teachers are ineffective and kids can't learn.

At the time of this writing, we are once again waiting for the governor's proposed budget. This year, with talk of increasing charter schools and the stated goal of the Governor to dismantle public education, we wait with trepidation and wonder if we will ever see the \$750,000 in state aid that is still pending due to the Gap Elimination Adjustment.

Our fear is that the political maneuvering for increasing the number of charter schools and the rhetoric regarding ineffective teachers will continue to muddy the waters of the true inequalities of the Gap Elimination Adjustment for average needs school like Bainbridge-Guilford. More importantly, opportunities to provide our children with the educational experiences and opportunities necessary for social mobility and choice have become a political bargaining chip. That's just wrong.

Over the past four years at Bainbridge-Guilford, we have worked hard to provide our students with an excellent educational experience that our communities can afford. Starting with our February 5 BOE meeting we will begin discussing the our proposed spending plan for the 2015-2016 school year. Budget Advisory Committee Meetings will start on February 26 with two additional meetings March 12 and March 26. An additional meeting on April 2 is possible depending on the State budget process. We encourage everyone to stay informed and attend as many meetings as you can.

-Donald Wheeler, Superintendent

Community Supports Angel Tree

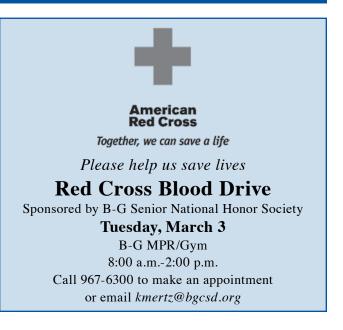
Thank you to all families and businesses who gave generously to the Bainbridge Community Angel Tree! We served over 84 children this year!

One family wrote, "Thank you for including us this year." Another caller commented, "This year has been especially hard. We really appreciate the boost."

Sincerely,

Keren L. Seiler, School Counselor; Tracy Luce, Hometown Hardware; and all the anonymous angels that make this outreach a reality.





Board of Education Blog

MID-YEAR UPDATE

Happy New Year! Though it is not quite the middle-year point at B-G, so many things have been happening that we decided it was time for a mid-year review. Our new website has covered many great things:

- Exceptional number of scholar athletes in our Jr./Sr. High School
- 71 food baskets being delivered to local families for the holidays
- Record number of cans (3,004!) collected at Greenlawn
- Elwood, a Nao robot, visiting our primary students
- Interactive Career Week
- Anti-Bullying puppet show for Guilford students

And the list goes on! As a Board reviewing the first portion of the year, we feel we have a great deal to be proud of and happy with.

FACILITIES UPDATE

Our Facilities Committee continues our search for an Architect/Engineer firm and likely an Owner's Representative. We have conducted first-round and second-round interviews and intend on making our final decision in January. While this is a big step towards a capital project, a probable *breaking ground* date would still be in 2016.

NEW PROGRAMS

In an earlier article we highlighted a few new programs here at B-G. We have been very pleased with their early successes and wanted to share some initial data.

- Machinists Program—There are currently 15 students enrolled in the program.
- Associates Degree/College classes—60 of our current seniors will graduate with anywhere between three and 60+ college credits. Three seniors are taking the steps to complete their associates degree and plan to walk in the TC3 graduation prior to gradating from B-G.
- STEM Program—Students participating in the first trimester of this class were taught a number of new things. What does STEM mean? Beginning keyboarding skills, internet safety and programming. Grades 2-3 were introduced to programming through an app called Scratch Jr., while grades 4-6 were able to actually program the Nao robot named Elwood.

Two School Board Terms Expiring June 30, 2015

There are three 3-year term Board of Education seats ending on June 30, 2015

Petitions nominating candidates for the office of member of the Board of Education must be filed with the Clerk of the District not later than April 20, 2015 at 5:00 p.m. More information and petitions are available in the District Office or by calling 967-6321.

INTRODUCING OUR NEW BOARD MEMBER

In October, Tina Ammon was sworn in as our newest Board member. Below Tina shares a bit about herself:

"This is my sixth year teaching at Walton and I currently teach second grade. I enjoy cooking, baking, and spending time with family. I also enjoy watching and attending sporting events. Go Yankees! My family consists of my husband Trevor, daughter Keelan (who will become an official Bobcat in September) and our dog Kaya. We moved to Bainbridge in 2010 from Walton, which is my alma mater."

As a Board, one source of pride is the great diversity of our members. As a current educator, Tina will add further variety to our existing points of view. We look forward to the many contributions Tina will provide to our Board and District.

A GREAT LOSS

As many of you know, we also experienced a great loss at B-G this year. Doris Bauer, the secretary at the Guilford school, passed away in December. Doris was a strong presence at the Guilford building and the first friendly smile most people would see upon entering the school. She will be deeply missed by all that knew her and our most sincere sympathies are with her family at this time.

Given all that has happened at B-G in four short months, we anticipate much more to talk about in the coming weeks. We wish our community a very happy New Year and, as always, look forward to your continued support and communication.

BOARD OF EDUCATION MEETINGS

2014-2015 School Year

Executive Session: 6:30 p.m. Open Session: 7:00 p.m.

		1 1 1
<u>Day</u>	<u>Date</u>	Location
Thursday	2/05/15	High School
Thursday	2/19/15	High School
Thursday	3/05/15	Guilford
Thursday		Guilford
Thursday	4/09/15	High School
Tuesday	4/28/15	High School
-		BOCES Board Election
Thursday		Guilford
Tuesday	5/12/15	High School
		Public Hearing—Budget
Tuesday		VOTE-
		SCHOOL BUDGET AND
		BOARD ELECTIONS
		2nd Meeting TBD if necessary
Thursday	6/04/15	High School
-		High School
	7/9/15	-
5		Re-Organizational Meeting

Date	Group	Event	
February 2-20	Grade 12	Galaxy Bowl Pizza	
February 20- March 6	Grade 9	Gertrude Hawk Candy	
March 2-13	Jr. Honor Society	Gertrude Hawk Candy Bars	

Fundraisers 2014-15

Important Notices for Home School Parents

Transportation requests for students attending nonpublic schools (e.g., Holy Family, Valley Heights Christian Academy, etc.) must be received by the District Office no later than April 15 preceding the beginning of the next school year. The Board of Education will take official action on the requests at the May Board of Education meeting.

Requests for special education services for home schooled students must be received by the district office no later than June 1st preceding the beginning of the next school year. The Board of Education will take official action on the requests at the first Board of Education meeting in June.

Please submit your letter of intent to home school no later than August 15.

Please call Sue Weibel in the District Office at 967-6321 if you have any questions.

B-G Accepting Pre-K Applications

The Bainbridge-Guilford Central School District is accepting applications for its Pre-Kindergarten program. Only parents who are district residents with an age-eligible child may apply. To be eligible a child must be four years old on or before December 1, 2015 and cannot be five years old before that date. Applications must be received by May 1, 2015 to be considered for selection.

Per New York State Regulations, selection for Pre-Kindergarten slots for the 2015-16 school year will be done randomly after all applications have been received by the deadline. Assuming that State funding will be held at the same level for next year as this year, we will only be able to accept a total of 36 students.

Similar to this year, our program will include two full day classes.

Both classes are housed in the Guilford Elementary School. Our program will run Monday through Friday from 8:25 a.m. to 2:30 p.m.

The deadline for all Pre-K applications is May 1, 2015. Selection of applicants for the available slots will be determined soon after this date. Applications must be received at the main office of the Guilford Elementary School on or before this date. Applications can be picked up at Guilford Elementary. For further information contact the Guilford Elementary School at 895-6700.

Kindergarten Information Night

Guilford Elementary School will be holding Kindergarten Parent Information Night on Wednesday, March 18 at 6:30 p.m. in the Guilford cafeteria. The purpose of this session is to begin the registration process and to inform parents about our Kindergarten program and the Kindergarten screening process. You will be able to sign your child up for a screening time slot at that time.

If we do not have a copy of your child's birth certificate, immunizations or proof of residency on file please bring those items for us to copy at that time. Please call 895-6700 if you have any questions.

Booster Club News YOUTH BASKETBALL TOURNAMENT

The Bainbridge-Guilford Booster Club will be hosting The 4th Annual Youth Boys' and Girls' Basketball Tournament on Saturday, February 28 at the Bainbridge-Guilford High School. The past year's tournaments have been a huge success and we received tremendous support from area businesses for which we are very thankful.

The B-G Booster Club wants to insure that all of our young athletes have the opportunity to participate. All of the proceeds from the past year's tournaments were used to help support our youth programs and our intent is to do the same going forward.

We are seeking support for this year's event. A portion of the monetary donations will go toward t-shirts that will be given to every student-athlete who participates in the event. For those who sponsor \$50 or more, your logo will be shown as a sponsor of the event on the back of the t-shirt. If you would like to make a donation toward this year's tournament or are interested in volunteering your time to help with this event, please contact Christine Smith at 967-3005 or any of the other members of the booster club.

We hope to see you at this year's tournament!

The B-G Booster Club meets the 3rd Monday of every month. New members are always welcome and encouraged to attend.

Music News

MUSICAL INSTRUMENT RENTAL PAYMENTS ARE DUE!

Please make checks payable to Bainbridge-Guilford Central School and deliver payment to Mr. Jenkins or Mrs. Bunting-Cliffe as soon as possible.

UPCOMING CONCERTS

County Music Festival at Afton	March 19-20
HS Music in Our Schools Concert	March 25, 7:00 p.m.
Jr. High Spring Concert	April 29, 7:00 p.m.
Greenlawn Spring Concert	May 6, 6:30 p.m.
(HS Auditorium)	
Guilford Spring Concert	May 20, 6:30 p.m.

Local Media Broadcasting Emergency Closing Information

RADIO-

Sidney

WCDOFM 101

WCDO.....AM 1490

Norwich and Oneonta

Central Radio	Group
WKXZ	FM 94
WBKT	FM 95.3
WSRK	FM 103.9

	WCHN	AM 97
3	WZOZ	FM 103.1
.9	WDOS	AM 730

Binghamton WNBF Affiliates

WAAL	FM 99	WKOPAM 1360)
WHWR	FM 98	WNBFAM 1290)

TV-

Binghamton

WBNG-CBS	WICZ-FOX
WBGH-NBC	YNN News-TW
(See your provider	for channel specifications)

INTERNET (Closings and Delays)

www.bgcsd.org www.wicz.com www.wbng.com

SCHOOL MESSENGER

Automated phone and email system—closings, delays and announcements



Yearbook News!

The Yearbook Club has been very busy this year creating the 2015 Yearbook *Beneath the Surface*. Our yearbook is in complete color and full of interesting events, sports, music, clubs and much more. We all work very hard to include all students as many times as possible.

You can purchase a copy of this year's book for \$45 dollars, and if you purchase before February 20, you can get your name stamped on it for free! Order forms are located in the Main Office, Guidance Office or contact a yearbook member and we can mail it to you.

-Camille Hawkins, Editor

Visitors—Please Sign In!

You are welcome in our school at any time. To better assist you and allow classes to progress without disruption and to ensure that only authorized persons have contact with our pupils, please report to the building main office, sign in and receive a visitor's badge.

Thank-you for helping us to keep our children secure!



VOTE: May 19, 2015

On the School Budget and the election of Board of Education Candidates.

Your vote does make a difference!

VOTER QUALIFICATIONS

A person shall be entitled to vote on the appointed date for the election of school district officials, and upon all other matters which may be in the form of a referendum, who is:

- A citizen of the United States.
- Eighteen years of age.
- A resident within the district for a period of thirty (30) days next preceding the meeting at which he/she offers to vote.
- No person shall be determined ineligible to vote by reason of race, creed, color or sex, who has other qualifications in this section.

VOTER REGISTRATION

Personal registration of Voters is required for the annual vote. Registration will be held on May 12, 2015 from 2:00-7:00 p.m. at the Bainbridge Town Hall and the Guilford Town Hall. Voters may also register with the District Clerk until May 15, 2015.

ABSENTEE BALLOTS

Applications for absentee ballots are available at the District Office. Applicants must submit application to the District Clerk seven days before the election date if the ballot is to be mailed. Absentee ballots must be received by 5:00 p.m. on the day of the vote.

The District Office is located in the Jr.-Sr. High School building. Office hours are 7:30 a.m. to 3:30 p.m.

District Communication Guidelines

Frequently, parents and other community members request help in knowing the best way to communicate with the school. The communication guideline chart below will serve as a helpful resource. By contacting the following people in the prescribed order, questions will be answered.

For questions about:	1st Contact	2nd Contact	3rd Contact	4th Contact
Academics	Teacher	Guidance Counselor	Building Principal	Superintendent
Athletics	Coach	Athletic Director	Jr-Sr HS Principal	Superintendent
Behavior	Teacher	Building Principal	Superintendent	
Behavior-Bus	Building Principal	Superintendent		
BOE Policies	District Clerk	Superintendent	Board of Education	
Budget	Business Administrator	Superintendent		
Building Use	Building Secretary	Building Principal	Superintendent	
Cafeteria	Building Cook Manager	Food Service Manager	Business Administrator	Superintendent
Classroom Procedures	Teacher	Building Principal	Superintendent	
Co-Curricular	Advisor	Building Principal	Superintendent	
Facilities	Superintendent of Building and Grounds	Business Administrator	Superintendent	
Health Office	Building Nurse Office	Building Principal	Superintendent	
Scheduling	Guidance Office	JrSr. HS Principal	Superintendent	
Special Education	Teacher	Building Principal	CPSE/CSE Chairperson	Superintendent
Transportation	Supervisor Transportation	Business Administrator	Superintendent	

BAINBRIDGE-GUILFORD CENTRAL SCHOOL DIRECTORY

Main Switchboard607-967-6300
District Office
Board of Education
Dr. Donald Wheeler, Superintendent
Sue Weibel, District Secretary and District Clerk
Business Office
Ken Wilcox, Assistant Superintendent for Business
Janice Rideout, Payroll/Treasurer
Jodie Ives, Accounts Payable
Guilford Elementary
Victoria Gullo, Principal
TBD, Secretary/Typist
Kelly Johnson, School Social Worker
Greenlawn Elementary607-967-6301
Michele Shirkey, Principal
Jeanne Howard, Secretary/Typist
Keren Seiler and Phylicia Dunham, Guidance Counselors
JrSr. High School
Bill Zakrajsek, Principal
Julie Fuller, Secretary/Typist
JrSr. Guidance Office
Shannon Phillips, Counselor
Nanci Miller, Counselor
Joanne Moxley, School Social Worker
Teresa Burnett, Office Aide

Special Education	607-895-6700
Vic Gullo, CPSE/CSE Chairperson	
Kelly Pope, Secretary/Typist	
Athletic Director/Dean of Students	607-967-6318
Greg Warren	
Teresa Hager, Secretary/Typist	
Transportation	607-967-6324
Ken Starr, Transportation Supervisor	
Building and Grounds	607-967-6322
Howard Thompson, Superintendent of Bui	ilding
and Grounds	
Food Service	607-967-6331
Food Service Manager and Building Cook	Managers
Health Offices/Attendance Officer:	
Greenlawn Nurse/Attendance	607-967-6330
Guilford Nurse/Attendance	607-895-6703
JrSr. HS Attendance Officer	607-967-6368
JrSr. HS Nurse	607-967-6313

For additional contact information check our website at *www.bgcsd.org*.

12TH GRADE

Principal's Honor Roll Cadi Barber Adam Bauerle Zachary Cuyle Darcy McElligott Katherine Nolan Kylee O'Hara **Taylor Palmatier** Bethany Shaw Morgan Shew **High Honor Roll Casey Davis** Ashlyn Decker **Tierney Decker** Jacqueline Drzazgowski Megan Ferrara Jennifer France Destiny Gaudreau Kyle Hanvey Danielle Higbie George Lang Cody Olmstead Olivia Possemato Brieanna Ramirez Andrew Ray Kathryn Simons Marissa Thornton Jolynn Wlasiuk Honor Roll Naomi Anderson-Bell Morgan Bullis Aletha Cannistra Gabriel Costa Jacob Cuozzo Justin Daniels Jeffrey Gaias Morgan Gormley Meghan Hopkins Emma Ives Ryan Jones Shane Jones Skylar Morse Joseph Pikul James Ray Marissa Ryan Jasmine Skivington Johnathan Spinu

First Quarter Honor Roll **11TH GRADE**

Principal's Honor Roll

Victor Fisher IV

Carline Higgs

Emma McFee

Daniel Norris

Alan Stevens

Katlynn Vredenburgh

High Honor Roll

Alan Cordner

Benjamin Gabriel Gonzalez

Cassidy Graham

William Nowak

Spenser Stevens

Corben VanDermark

Honor Roll

Michael Albanese

Shayla Baldwin

Christopher Cirigliano

Autumn Dann

Kalieb DeShaw

Christie Droz- Cintron

Katey Frye

Nathaniel Hager

Ashley Higbie

Collin Hotaling

Zachary Hotaling

Dezaray Ives

Joshua Lindsey

Justin McCarthy

Dylan Mondore

Emily Palmer

Tyler Ross

Brandon Sickler

Kailey Sisson

Rachael Smith

Britney Spake

Daniel Wade

Montessa Warner

Rebecca Wlasiuk

Raymond Zukowski

10TH GRADE Principal's Honor Roll Lindsey Castle

Caitlyn Diamond Griffin Fisher Olivia Garror **Eva** Gray Rachel Hinkley **Bailey Hotaling** Abbi Miller Aidan Nolan Hunter Richter Kyle Rideout Brandon Scherhaufer Nathan Searles **High Honor Roll** Lindsey Barnhart Alec Burdick Skylar Clark Devyn Gaudreau Scott Griebel Nevada Heaney Owen Lambrecht **Rebecca** Reyes Honor Roll Lucas Beebe **Rose Bochicchio** Konnor Bookhout Austin Bronson Austin Carr Corrina Clapper Cole Clendening Morgan Dean Zoe DePew Jason James Everitt John Goldswer III Trever Hackett Akelyah Hall Tyler Hart Alyssa Hovey Levi Knapp Daria Kozak Alex Leggett Jaci Long Cameron Luca Mitchell Mertz Ashley Parsons Alondra Ramirez Hannah Roberts Austin Rowe Kaitlin Simpkin

9TH GRADE

Principal's Honor Roll Miranda Anderson Jonathan Castle Kenndra Ceresna Maya Cliffe Bernardina Cordes Courtney Delello Samara Greene Mara Hartwell Molly O'Hara Megan Palmatier Matthew Warner High Honor Roll Amaya Carlin Kailey Champlin Xavier Cherniak Kyla DeForest Patrick DeMichele IV Dani Johnson Morgan McCall Cole Nutter **Collin Puerile Brenton Rideout** Cordel VanDermark Honor Roll Jillian Cannistra Jillian Davis Drewcylla DuMond Kollin Hackett Dakota Hall Adam Ives Shawn Lindsey Jonathan Pratt Hunter Roberts Travis Terzo Kateryna VanName Triston Wilson



Continued on next page

8TH GRADE

Principal's Honor Roll Zamira Caldwell Dadeon Canfield Tannar Cliffe Helaina Curtin Haley French Erica Frost Alexis Matthews Katelyn Porter Jared Pruskowski Abigail Selfridge **High Honor Roll Daniel Bartle** Damien Borowski Mason Brown Hailey Cappiello Kristen Chambers Ryan Cooper Madalyn Erceg Gavin Farrell Alexis Gombach Leah Gregory Gina Haddad Matraca Harmon Olivia Hawkins Jacob Hotchkin Kaylee Miller Morgan Neidig **Thomas Palmatier Kyleigh Pedersen** Montana Pikul **Brendan Roefs** Devon Scherhaufer Alan Terzo Alexander Tranvaag Gabriel Watson Honor Roll Abigail Beck Alexis Carr Kassidy Davy McKeyli Decker Makenzie Drown Joshua Gaias Lillian Gallagher Alexis Haynes Ethan Ingham Erica Middleton Andrew Miller Haley Morse Ashley Oliver **Brandon** Palmatier

Travis Parker Rhianna Shew Kameron Sickler Kori Thornton Jayde Trask

7TH GRADE

Principal's Honor Roll Samantha Ceresna **Colby Hotaling** Zoe Meyer Alli Miller **High Honor Roll** Brienna Collingwood Nathanial Croop **Brock DeForest** Elizabeth Reise DuMond McKenna Edwards Cierra French Courtney Gilbert Daniel Hager Shelby Haynes Nathaniel Henry Macie Leizear Tracy O'Connor Jadyn Olcott Mariah Olcott Kaitlyn Parry Gabriel Sherman Shelby Smith Lauren Womelsdorf Honor Roll Ariell Bound Jaiden Bronson Justin Butts Makenna Cole Cameron Craver Isabelle Decker Veronica Decker Philip Gilbert Autumn Giles Zachary Graham Eian Hall **Bailey Hart** Victoria Henry Brandon Kane Zachary Ladd Parker Luca Kiersten Merwin Paige O'Donnell Nicholas Richter Alaze Riglioni Samantha Sherman

Area All-State Music Festival



Three B-G musicians were selected to represent Bainbridge-Guilford this past November at the New York State School Music Association Area All-State Festival. Representative musicians from approximately 25 area school districts came together at SUNY Oneonta in November for a weekend of rehearsals with guest conductors. The performance was the afternoon of Saturday, November 22.

Bethany Shaw was selected to perform with the women's chorus, Jolynn Wlasiuk was selected to perform with the mixed chorus and Daniel Norris was selected to perform with the concert band.

Congratulations to these fine musicians for their selection and participation in this exclusive event.

YES! LEADS Poster Winners

Congratulations to **Bailey Lambrecht** and **Marklee Bartle Hughes** for being honored by Yes! LEADS. The students each entered a poster in the annual Yes! LEADS poster contest sponsored by Senator Libous and Lourdes Hospital. Bailey's poster placed 3rd, and Marklee's placed 2nd in their age group. Both are students at Greenlawn.





Marklee Bartle Hughes

Baily Lambrecht

Senior National Honor Society News

The members of the B-G Senior National Honor Society are chosen based on their superior academic record, their service to school and community, their leadership qualities and their upstanding character. Once a member of this organization, the students are urged to continue to serve as good leaders and to encourage others to do the same.

New members will be inducted into the B-G Senior National Honor Society in March. To be eligible for induction the following criteria applies:

1. Juniors and seniors with a cumulative average of 90.0 or higher are eligible. The average must be a pure 90, not a rounded 90. Students must have passed, unless legally exempted, the following courses and their accompanying Regents exams:

English 9 and 10

Global Studies

French 1 and 2 or Spanish 1 and 2

2 Regents Sciences

1 Regents Math plus one higher level math course.

- 2. Honor Society induction is held once a year in the spring after 1st semester grades are finalized.
- 3. Eligible students are asked to fill out and return by a specified date a Student Activities Information Form (SAIF) detailing their extracurricular school and community activities. This documentation will provide the faculty and selection committee with information to assess the Service, Leadership and Character criteria for Honor Society membership. If there are any extenuating circumstances that impact a student's participation in such activities, these should be noted on this sheet. The SAIF forms will be returned to the Honor Society Advisor. Failure to return the SAIF will indicate that the student does not wish to be considered for induction.
- 4. Brief interviews are then scheduled (generally 11th period, lunch or immediately after school) so that each eligible student has a chance to meet with the Faculty Selection Committee to summarize and discuss his or her activity sheet and the four criteria for Honor Society induction. Failure to meet with the committee will indicate that the student does not want to be considered for induction.
- 5. Summaries of the activity sheets will be presented by the Honor Society Advisor to the high school teachers, after which the faculty will rate each student on a scale of 1-5 in the categories of Leadership, Service, and Character. The faculty ratings will be collected and tabulated as input for the Honor Society Committee.

- 6. The Honor Society Faculty Selection Committee will average the ratings for each student in each category, after dropping one lowest score and one highest score in each category. Each average will be rounded to two places (example: 3.95). These ratings provide input to the Faculty Committee in its deliberations.
- 7. At this point the Faculty Committee votes on the student's selection. A student needs an average of 4.00 in each category to be voted on by the faculty committee. The only exception is if a student falls below the necessary average in any one category but his or her overall average still meets the required 4.00 level, a candidate may still be voted upon after discussion and with assent of the Faculty Committee. For this to occur, however, the candidate's *overall* average of the three categories *must still meet the required* 4.00.
- 8. All candidates under consideration will be notified in person by a member of the Faculty Selection Committee regarding that committee's final decision.
- 9. After induction, members are expected to maintain a 90 average or higher. A member whose cumulative average has fallen below 90 after a ten week marking period will be notified by the Faculty Selection Committee and will be requested to meet with them to determine ramifications.
- 10. After induction, all members are expected to remain true to the NHS ideals of Scholarship, Leadership, Service and Character.

HONOR SOCIETY ACTIVITES

This year's Senior National Honor Society students have been busy living up to these ideals.

- A Red Cross Blood Drive was held in November where more than pints of blood were collected. Another blood drive will be held on Tuesday March 3.
- In December they sponsored a *Hat Day* with the proceeds going to buy boxes of stuffing and containers for cookies to be put in the holiday baskets that were delivered to area families by the Student Council. Senior Honor Society members, along with donations from several faculty and staff members and Ms. Lori Miller's classes, baked over 80 dozen cookies to add a little homemade holiday cheer.
- Two of our members sold refreshments at the holiday movies sponsored by Rotary. Additional activities are being planned for the remainder of the school year.

Jr.-Sr. High School Students of the Month

Bainbridge-Guilford Jr.-Sr. High School is proud to announce our students of the month. To be eligible for this honor, students must be passing all subjects, demonstrate consistent kindness to others, be actively involved in school or community activities, show pride in the school and community and be an upstanding student in all aspects. We would like to congratulate these students for their hard work and effort to be both good students and good citizens.

Many thanks to Rosa's Pizzeria for providing a gift certificate for these students!



Congratulations!

Guidance Office ATTENTION 8TH GRADE STUDENTS AND PARENTS

Time is quickly approaching when your child will be entering 9th grade and taking high school credit-bearing courses. Several activities will be taking place to help you and your child prepare to make important decisions about high school course selection and planning after high school.

On Wednesday, March 4, the Guidance Office will host an 8th grade parent information night at 6:30 p.m. in the High School Auditorium. At this meeting we will discuss requirements for graduation and what options your child has regarding selection of high school courses.

Students will be touring BOCES Harrold Campus in March. The purpose of the field trip is for student to tour the Harrold Technical Education Center and learn about the variety of technical educational programs offered. This visit is helpful for students when considering options for their high school four-year plan. BOCES technical educational programs are available to student during their junior and senior years of high school.

In mid-March a letter with specific dates and times that guidance counselors will be available to meet with you and your child to develop a four-year plan for high school will be sent home. Guidance staff would like to meet with each student and a parent/ guardian individually to develop a four-year plan. The purpose of this plan is to map out what courses your child will take in grades 9-12. The four-year plan is the first step in helping your child make a decision about their plans after high school. Parental/guardian input and support is essential in helping your child realize their goals. There will be day and evening appointments available. Individual meetings usually last approximately one half hour.

Please contact Joanne Moxley at 967-6320 with any questions.

Odyssey Teams Prepare for Regional Competition

B-G's Odyssey Teams have been working hard all year in preparation for the Regional Competition, which will take place on Saturday, February 14 at DCMO BOCES Harrold Campus in Trout Creek. As this competition date draws nearer, the teams are putting it in high gear to be sure their solutions are ready for the big day.

To help the teams prepare for the spontaneous phase of the competition, a Mini Spontaneous Event was held at Greenlawn on January 29. This event gave the teams an opportunity to try a variety of spontaneous problems in a competition-like atmosphere. This year each team was challenged with four hands-on problems and four verbal problems. The success of the event was made possible thanks to a number of people who volunteer their time to serve as judges for each problem. Their help with this event was greatly appreciated.

Best of luck to all the teams as they head to the Regional Competition! Specific competition times for each team should be available soon. Mrs. Porter will post this information on the District website when it becomes available should you be interested in coming to support our teams!

Guilford Elementary Students Enjoy Olweus Kick-off Assembly

The kick-off assembly for Guilford Elementary students' anti-bullying Olweus program was held on Tuesday, November 25 at 1:00 p.m. The students were treated to a Theatreworks production titled *Up in Arms: Helping Drew*. This show was a 45-minute professional puppet show geared toward primary kids with an anti-bullying message.

It was evident from the students' participation that they knew how to help Drew and showed that they know how to be *upstanders* for their classmates! The BG-PTO generously funded this performance and their support is greatly appreciated!



Drew and the student who had been bullying him work things out.



The puppeteers are showing the students how they make the puppets talk.



Makenna Werhli, Cole Fleming, William Kappauf and Railey Odell are shown with the puppeteers.

Kids Rule with Holiday Can Drive

Congratulations Greenlawn for an exceptional effort during the annual holiday food drive. Students surpassed their goal of 2,000 cans, reaching an all time high of 3,004 cans collected. Fun incentives relating to "Kids Rule the School" were provided for students as the pile of cans got higher. When the last goal was reached, students got to duct tape Mrs. Shirkey, Mr. Palmer and Mr. Keller to the wall and SAC members were the *teachers* for the day!

Seventy-four holiday baskets were delivered to families in our school community. Each basket was filled with cans, frozen turkey with roasting pan, a separate container of mashed potatoes, dressing and other dinner fixings, separate packages of Chobani yogurt, a tin of cookies, bag of age appropriate toys, and a separate package of peanut butter and jelly, tuna fish, macaroni and cheese, and other easy to fix dinner items.

Many thanks to all Student Council members, Honor Society students and advisors for organizing, sorting, and delivering these much appreciated baskets to families in the B-G community!







Making food choices for a healthy lifestyle can be as simple as using these 10 Tips. Use the ideas in this list to balance your calories, to choose foods

to eat more often, and to cut back on foods to eat less often.

balance calories

Find out how many calories YOU need for a day as a first step in managing your weight. Go to *www.Choose MyPlate.gov* to find your calorie level. Being physically active also helps you balance calories.

njoy your food, but eat less

Take the time to fully enjoy your food as you eat it. Eating too fast or when your attention is elsewhere may lead to eating too many calories. Pay attention to hunger and fullness cues before, during, and after meals. Use them to recognize when to eat and when you've had enough.

avoid oversized portions

Use a smaller plate, bowl, and glass. Portion out foods before you eat. When eating out, choose a smaller size option, share a dish, or take home part of your meal.

🜒 foods to eat more often

Eat more vegetables, fruits, whole grains, and fat-free or 1% milk and dairy products. These foods have the nutrients you need for health—including potassium, calcium, vitamin D, and fiber. Make them the basis for meals and snacks.

make half your plate fruits and vegetables

Choose red, orange, and dark-green vegetables like tomatoes, sweet potatoes, and broccoli, along with other vegetables for your meals. Add fruit to meals as part of main or side dishes or as dessert.

switch to fat-free or low-fat (1%) milk

They have the same amount of calcium and other essential nutrients as whole milk, but fewer calories and less saturated fat.

make half your grains whole grains

To eat more whole grains, substitute a whole-grain product for a refined product—such as eating whole-wheat bread instead of white bread or brown rice instead of white rice. foods to eat less often

Cut back on foods high in solid fats, added sugars, and salt. They include cakes, cookies, ice cream, candies, sweetened drinks, pizza, and fatty meats like ribs, sausages, bacon, and hot dogs. Use these foods as occasional treats, not everyday foods.

compare sodium in foods

Use the Nutrition Facts label to choose lower sodium versions of foods like soup, bread, and frozen meals. Select canned foods labeled "low sodium," "reduced sodium," or "no salt added."

10 drink water instead of sugary drinks Cut calories by drinking water or unsweetened beverages. Soda, energy drinks, and sports drinks are a major source of added sugar, and calories, in American diets.

USDA Go to www.ChooseMyPlate.gov for more information.

Center for Nutrition Policy and Promotion

Scholar Athletes

The Bainbridge-Guilford Central School District would like to recognize the following teams who have qualified for the NYSPHSAA Scholar Athlete Team Award and the student athletes with the highest average on each team who are designated as the MAC Scholar Athlete winners. These athletes have shown that while they are dedicated to their chosen sport, they continue to be diligent in their academic studies. Congratulations to all B-G scholar athletes!

BOYS' GOLF (94.141)

Brenton Rideout, Alec Burdick, Ben Gabriel Gonzalez, George Lang, Cole Nutter, Olivia Possemato, Tyler Ross

BOYS' SOCCER (95.798)

Kyle Rideout, Brandon Scherhaufer, Aidan Nolan, Hunter Richter, Adam Bauerle, Daniel Norris, Xavier Cherniak, Nevada Heaney, Kyle Hanvey, Ryan Jones, Thomas Petrutoni, Zach Smith

GIRLS' VOLLEYBALL (94.251)

Lindsey Castle, Cadi Barber, Ashlyn Decker, Tierney Decker, Camille Hawkins, Montessa Warner, Morgan Bullis, Meghan Hopkins

GIRLS' SOCCER (98.356)

Abbi Miller, Morgan Shew, Kylee O'Hara, Darcy McElligott, Olivia Garror, Taylor Palmatier, Megan Palmatier, Eva Gray, Emma McFee, Marissa Thornton, Megan Ferrara, Brieanna Ramirez

FOOTBALL (92.038)

Victor Fisher, Bailey Hotaling, Wyatt Mosher, Spenser Stevens, Mitchell Mertz, Kameron Sickler, Zach Hotaling, Austin Carr, Bailey Green, Phil Ives, Tyler Hart, Dylan Mondore

MAC SCHOLAR ATHLETES

Kyle Rideout—Boys' Soccer Abbi Miller—Girls' Soccer Victor Fisher—Football Brenton Rideout—Golf Lindsey Castle—Girls' Volleyball Jolynn Wlasiuk—Cheerleading



Scholar Athletes



Volleyball—l.-r.: Meghan Hopkins, Cadi Barber, Morgan Bullis, Ashlyn Decker, Tierney Decker, Camille Hawkins, and Lindsey Castle; missing Montessa Warner.



Football—front, l.-r.: Zach Hotaling, Spenser Stevens, Mitchell Mertz and Bailey Green; back: Tyler Hart, Kameron Sickler, Phil Ives, Austin Carr and Bailey Hotaling; missing Wyatt Mosher, Victor Fisher and Dylan Mondore.



Golf—1.-r.: Olivia Possamato, Tyler Ross, George Lang, Ben Gabriel Gonzalez, Cole Nutter, Brenton Rideout and Alec Burdick.



Boys' Soccer—front, l.-r.: Kyle Rideout, Brandon Scherhaufer, Daniel Norris, Xavier Cherniak and Thomas Petrutoni; back: Hunter Richter, Adam Bauerle, Zach Smith, Ryan Jones, Kyle Hanvey, Nevada Heaney and Aidan Nolan.



MAC Scholars—l.-r.: Brenton Rideout, Lindsey Castle, Victor Fisher, Jolynn Wlasiuk, Abbi Miller and Kyle Rideout.



Girls' Soccer—l.-r.: Morgan Shew, Abbi Miller, Eva Gray, Taylor Palmatier, Darcy McElligott, Megan Ferrara, Megan Palmatier, Marissa Thornton, Olivia Garror, Kylee O'Hara and Brieanna Ramirez; missing Emma McFee.

Elementary STEM Class Finishes First Trimester

It is hard to believe that we completed the first trimester of our new elementary Tech/STEM class! The time with this group just flew by. It was extremely beneficial to be able to meet with the students every day.

We started out our year by learning a bit about what to expect in this new class. Students learned some of the basics to help them navigate the new computers in our classroom. They also learned what STEM means: Science, Technology, Engineering and Math. Interestingly enough, the majority of students I met with across all grade levels had not heard the term STEM. They certainly know what it means now.

Next we spent a larger period of time learning the basics of keyboarding. First students learned the proper finger placement on the keyboard. They began the quest to "teach" their fingers the proper letters to type by moving through a series of lessons on our online keyboarding program, Edutyping. Students strived to hit the grade level typing goals for each of their lessons.

In early October, the TECH/STEM classes were treated to a special guest speaker. Mr. Rutan, from DCMO BOCES came to visit with his friend, Elwood. Elwood is a Nao Robot. Mr. Rutan gave all the classes a demonstration of Elwood's special talents. He showed the students how the robot could walk, talk, sit, stand and even do Tai Chi moves. The children were amazed. Both Mr. Rutan and Mrs. Porter shared programs that they had created for the robot to execute. Mrs. Porter showed the students how she programmed the robot to say the classroom rules. Mr. Rutan had the robot play a math game with the students. In this demonstration the students were able to interact with the robot answering math questions the robot asked. The robot would let them know if their answer was correct.

Students in grades 4-6 learned how to program the NAO robot. The classes were introduced to the Choreographe software program that controls the robot. After learning some

basic programming, the classes were put into programming teams. They were presented with two tasks. The first task was to use the skills learned to make the robot do the following things: move 3 ft. forward, 3 ft. backward, sit, stand and speak. Upon completion of this task, students moved on to the second task. In this task they had to figure out how to get the robot to move from point A to point B and sit down. We were lucky enough to be able to share the programs that the students created at our Open House.

Students in grades 2-3 got an introduction to programming. They used an app on the iPad called Scratch Jr. Through the use of this app, the students were introduced to some basic programming techniques. They learned how to make a character on their screen perform a number of different actions such as move, speak, change size, appear and disappear. Once they had some basic understanding of how the program worked, they were assigned different projects to work on. Their first project was to create a "collage". This required students to create 3 different characters with three different actions on a single screen. As students learned more about the program, they were given their second project, which was to create a three-slide story that had a beginning, middle and end. In this project they also had to include a recorded sound and a speech bubble. At the conclusion of each project, each student had an opportunity to share their work with the class on the smartboard. The students learned how to use a program called Reflector, to reflect their image from the iPad to the Smartboard.

The older students wrote about their experiences with Elwood. Through this writing project, they were able to learn how to type their paragraph into Microsoft Word. They learned how to use the tools of the program to edit their work, input a photo from a file, and format their text.

Students in grades 2-3 finished the trimester by learning about Internet safety.



Everyday Preventive Actions That Can Help Fight Germs, Like Flu

CDC recommends a three-step approach to fighting the flu.

CDC recommends a three-step approach to fighting influenza (flu). The first and most important step is to get a flu vaccination each year. But if you get the flu, there are prescription antiviral drugs that can treat your illness. Early treatment is especially important for the elderly, the very young, people with certain chronic health conditions, and pregnant women. Finally, everyday preventive actions may slow the spread of germs that cause respiratory (nose, throat, and lungs) illnesses, like flu. This flyer contains information about everyday preventive actions.



How does the flu spread?

Flu viruses are thought to spread mainly from person to person through droplets made when people with flu cough, sneeze, or talk. Flu viruses also may spread when people touch something with flu virus on it and then touch their mouth, eyes, or nose. Many other viruses spread these ways too.

People infected with flu may be able to infect others beginning 1 day **before** symptoms develop and up to 5-7 days **after** becoming sick. That means you may be able to spread the flu to someone else before you know you are sick as well as while you are sick. Young children, those who are severely ill, and those who have severely weakened immune systems may be able to infect others for longer than 5-7 days.

What are everyday preventive actions?

- Try to avoid close contact with sick people.
- If you or your child gets sick with flu-like illness, CDC recommends that you (or your child) stay home for at least 24 hours after the fever is gone except to get medical care or for other necessities. The fever should be gone without the use of a fever-reducing medicine.
- While sick, limit contact with others as much as possible to keep from infecting them.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcoholbased hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.
- If an outbreak of flu or another illness occurs, follow public health advice. This may include information about how to increase distance between people and other measures.



Centers for Disease Control and Prevention National Center for Immunization and Respiratory Diseases

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At Greenlawn, we Step into Greatness by Loving to Learn Excelling in all we do, Achieving goals together, Doing the Right thing, We lead the Bobcat way!



Our special guest Elwood the robot introduced the theme and lead all in our brand new Greenlawn Pledge.



Amazing staff and 5-6 students spent hours after school being proactive planners and participant leaders for our assembly! Teaching the entire school to perform was an initiative to recognize! Front: Taylor Parsons, Josephine Porter, Alexis (?), Autumn Madugno, Savannah Carlin, Alexis Brown, Alexis McFee, Caleb Presley, Peyton Mosher; back: Sasha Lamoree, Erica Selfridge, Ryan Porter



Recognizing important birthdays (especially the "Leader!")





Mrs. Carlin's 3rd graders pose with Greenlawn Principal Shirkey. Each class wrote what qualities they felt made a great leader and brought them to the assembly to assemble. Habit #7: Synergy! It takes all of us working together to Step into Greatness! Thank you Mrs. Paoletti, Art teacher, for designing the puzzle!

Greenlawn LEADS!